

Every child deserves to feel safe in every aspect of their life

As we close out this year's Child Life Month, with the ongoing rise of traumatic incidents that affect children and families across our communities, we are once again reminded of how fragile life can be. Child life specialists are equipped with the skills to help children cope with serious life events; however, addressing traumatic news is still a challenge to face – and one you do not have to do alone. ACLP is here to support you and the child life community.

We have free resources available on our website to help address traumatic news with children and loved ones, Emotional Safety guides, as well as a compilation of resources for self-care:

- <u>ACLP Resource & Shareable Social Media Template: Addressing Traumatic News with Children and Teens</u>
- Emotional Safety Resources for Healthcare Providers
- Emotional Safety Resources for Caregivers
- <u>ACLP Mindfulness Webpage</u>

Remember to reach out if you need help, extend grace and mercy, and take care of yourself and your family.

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About the Association of Child Life Professionals (ACLP): ACLP is the leading professional association supporting child life professionals. Child life professionals advance psychosocial care and the emotional safety of children, youth, and families impacted by healthcare and significant life experiences. Founded as a nonprofit organization in 1982, ACLP provides members with professional development programs, resources, membership, certification, and advances best practices. More information on ACLP can be found at childlife.org.