

INTERVENTION TIPS:

Sensory Over-Responsivity (SOR) in Patients with Autism Spectrum Disorder

■ Conduct an initial assessment (pre-visit or upon arrival)

- Discuss effective communication technique
- Assess sensory needs
- Determine emotional responses and methods that help to de-stimulate in the past

■ Encourage caregiver support

■ Provide preferred items such as comfort object or tablet

■ Decrease stimulation when possible

- Limit wait time
- Limit noise and voices in the room
- Minimize equipment in the room
- Patient remains in their preferred clothes

■ Offer sensory items such as fidgets or light wands if child is sensory-seeking

■ Remember, each child with autism spectrum disorder is unique